

MASS SCHEDULE

- Sat., Feb. 12 Eve of the 6th Sunday in Ordinary T.**
4:00 PM + Reg Shaughnessy from the family.
- Sun., Feb. 13 6th Sunday of Ordinary Time**
10:30 AM For all parishioners.
- Mon., Feb. 14 St. Cyril, Monk and St. Methodius, Bishop**
8:00 AM In thanksgiving for good health from a parishioner.
- Tue., Feb. 15 Weekday Ferial**
8:00 AM **Mass at Sacred Heart**
For the deceased members of the Leahy and O'Dette families from Anne and Dale Kennedy.
- Wed., Feb. 16 Weekday Ferial**
8:00 AM + Gilda Stante from Anna Maris DiGiovanni and family.
- Thu., Feb. 17 The seven Holy Founders of the Servite Order**
8:00 AM **Mass at Sacred Heart**
For many graces and blessings on Mary and Allen MacLellan from Bill and Geraldine.
- Fri., Feb. 18 Weekday Ferial**
8:00 AM **Mass at Sacred Heart**
For a special intention from a parishioner.
- Sat., Feb. 19 Eve of the 7th Sunday in Ordinary T.**
4:00 PM + Paul Emery from Anne and the family.
- Sun., Feb. 20 7th Sunday of Ordinary Time**
10:30 AM For all parishioners.

Weekly Collections for Feb 6, 2022

Offertory	1,277.40
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PASTOR'S MESSAGE

Dear Friends,

Today we will talk about the virtue of Fortitude (Courage), also sometimes called 'strength of soul' or 'spiritual vigor.' In general, the virtue of fortitude gives us the pursuit to go after morally good things without allowing ourselves to be deterred by any disordered fear. The Martyrs – *those who shed their blood for the Faith* – demonstrated extraordinary fortitude, because no matter what they faced whether various torments and death itself. Their faith never waver nor hesitated because they knew of the great spiritual good that was waiting them in heaven.

Although we may not be threatened to shed our blood for Christ we do all have the opportunity to practice spiritual Martyrdom by the way we overcome certain fears, illnesses or difficulties in our lives. While fear can deter or paralyze our efforts towards good things; confidence in God can help us to find courage (fortitude) in Christ. Saint Peter tells us, "For by whom a man is overcome (*whether fear or temptations*), of the same also he is the slave." (2 Pt. 2:19) If we are overcome by fear or by a particular temptation or sin; to that we become a slave of.

There are two ways we can practice this virtue of fortitude in our daily lives: By those things we undertake and by those things we endure. Tanquerey – *spiritual author says* – "They must not only not be feared, but they must be faced with the courageous effort necessary to overcome them. And this is the first of this virtue." And as Saint Thomas Aquinas also writes, "to bear is more difficult than to attack." God sends us to bear difficulties of illnesses, mockery, calumny and difficulties so that with faith we may resort to Him for courage and strength.

The most important element in practicing this virtue of fortitude in a supernatural way is to never lose sight of God and the rewards of heaven. As Saint Paul says, "I consider that the sufferings of this present time are as nothing (or small) compared with the glory to be revealed for us." (Rom. 8:18). Let us pray for each other, who undergo various difficulties that we may grow in the virtue of Fortitude.

Together in Prayer

WEEKLY NEWS

Ash Wednesday Mass

- Lent is just around the corner!
Ash Wednesday Masses on March 2nd:
- 8 AM at Saint John the Baptist
 - 5 PM at Sacred Heart

Renewal of Wedding Vows

In anticipation for Saint Valentine's day, all couples are invited to renew their wedding vows this weekend on Saturday Feb. 12 or Sunday Feb. 13, at their respective mass times.



Palms for Ash Wednesday

Please bring in your palms so that they may be burned for Ash Wednesday. You can bring them to the office or give them to M. Milagro.

No 3-4PM Adoration

We will not longer have the 3-4 PM Adoration at Sacred Heart.

Donation envelopes If you would like to use donation envelopes please contact the office.

The Tax receipts are ready

Please pick up your receipts at the entrance of the church. Thank you for your support.

Confession Times

Sacred Heart on Fridays from 5:00-6:30PM and Sunday from 8:00-9:00 AM
St. John the Baptist on Saturdays from 3:00-4:00PM
Also by Appointment.

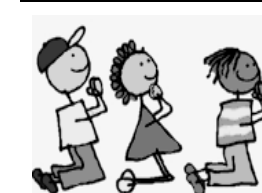


Friday Adoration at Sacred Heart

Every Friday there is adoration of the Blessed Sacrament at Sacred Heart in reparation for the offences made to the Sacred Heart of Jesus from 1:30 to 6:30PM and confessions from 5:00 to 6:30PM.

Altar Boy Group at Sacred Heart 1st & 3rd Fridays of the Month, 6:15 – 8:30 PM at Sacred Heart.

Catholic Missionary Children Oratory



For Children 7-12 year old.
We want to love Jesus and help other to love Jesus. We will do this first with our prayers.
Saturdays 10:15 AM at St. John

the Baptist. For info or to register contact Sr. Inmaculada stjohndsacredheart@gmail.com

Bible and the Mass



Classes every 1st, 3rd, and 5th Wednesday of the Month from 4:15 – 5:15 PM at Sacred Heart.



Young Adult Group On the 2nd, 4th and 5th Friday of the Month from 6-8PM at Sacred Heart. It starts with half an hour of Adoration,

talk and recreation.

OSPEL Luke 6.17, 20-26 of Sunday Feb. 13

Jesus came down with the twelve and stood on a level place, with a great crowd of his disciples and a great multitude of people from all Judea, Jerusalem, and the coast of Tyre and Sidon.

Then Jesus looked up at his disciples and said:

"Blessed are you who are poor, for yours is the kingdom of God.
Blessed are you who are hungry now, for you will be filled.
Blessed are you who weep now, for you will laugh.
Blessed are you when people hate you, and when they exclude you, revile you, and defame you on account of the Son of Man.

"Rejoice in that day and leap for joy, for surely your reward is great in heaven; for that is what their ancestors did to the Prophets.

"But woe to you who are rich, for you have received your consolation.
Woe to you who are full now, for you will be hungry.
Woe to you who are laughing now, for you will mourn and weep.
Woe to you when all speak well of you, for that is what their ancestors did to the false Prophets."