

MASS SCHEDULE

Sat., Apr. 30 **Eve of the 3rd Sunday of Easter**

4:00 PM For Maria Anna Huong Le and for all souls in purgatory specially the deceased members of FOSS.

Sun., May 1 **3rd Sunday of Easter**

10:30 AM For all parishioners.

Mon., May 2 **St. Athanasius, Bishop, Doctor**

8:00 AM + Louis Lalonde from Dolly Bolger.

Tue., May 3 **St. Philip and St. James, Apostles**

8:00 AM **Mass at Sacred Heart**

For special intentions of a parishioner.

Wed., May 4 **Blessed Marie-Leonie Parais, Virgin**

8:00 AM + Erman Mazzarolo

from the Henighan family.

Thu., May 5 **Ferial Weekday**

8:00 AM For many blessings on Betty Sheehan from Dolly Bolger.

Fri., May 6 **St. Francois de Laval, Bishop**

8:00 AM + Therese Martinez Angela and Joseph Nguyen Ngoc Chau from Maria Anna Huong Le.

Sat., May 7 **Eve of 4th Sunday of Easter**

4:00 PM For Leonard Johnston (Ann.) from the family.

Sun., May 8 **4th Sunday of Easter**

10:30 AM For all parishioners.

Weekly Collections	April 17	\$1,735.40
	April 24	\$1,129.50

PASTOR'S MESSAGE

Dear Friends,

As some of you may or may not have seen. In the bulletin there is an upcoming event called the "Spiritual Exercises according to Saint Ignatius of Loyola."

The Spiritual Exercise is not exactly a physical activity but instead a mental activity; a series of prayers and meditations that will help us to awaken an even greater sense of fervor and love for God. As priest of the Incarnate Word, every year we are required to take a week-long Spiritual Exercise in order to keep a strong and intimate relationship with God. Some priest even call it 'our honeymoon with God.' The only thing that matters there is God and yourself! The Spiritual Exercise is a silent retreat that helps re-center one's life in Christ. Doing everything as Saint Ignatius would says, "for the Greater Glory of God (*ad majorem dei gloriam*)!"

Saint Ignatius himself writes, "We call spiritual exercise every way of preparing and disposing the soul to rid itself of all inordinate attachments (anything superficial from God) and after their removal, seeking and finding the will of God in the disposition of our life for the salvation of our soul." In other words, the spiritual exercise helps us to put aside superficial things and put at the forefront of our lives God.

Many great missionaries and saints took Spiritual Exercises, to name a few Saint Francis Xavier, Saint Jean de Brebeuf, Saint Aloysius Gonzaga, Saint Robert Bellarmine. These Spiritual Exercises gave them a new zeal and a new drive to live a life dedicated to God alone.

Therefore, I do encourage you take the weekend off and spend some time with God! All foods and accommodations will be accounted for. Transportation is not an issue, please email me and we can arrange something. If you can't attend these Spiritual Exercises please consider registering and we can keep you informed for any upcoming events!

Together in Prayer

WEEKLY NEWS

NOTICE: Office closed

The office will be closed the first week of May.

March for Life, Ottawa May 12, 2022

We hope you will join us and thousands of your fellow pro-life Canadians as we rally on Parliament Hill and walk through downtown Ottawa.

Who walks?

- Those that want to defend life from conception until natural death.
 - Those who have had abortions and regret it.
 - Those who have been victims of attempted abortions.
 - Those who would not want their daughters to experience the trauma of having an abortion.
- Prolife Mass at 7:30 a.m. at Cathedral. Leave from St. Peter's in Chains Cathedral 8:15 a.m by bus



Cost is \$25 per person.

Please bring a bag lunch.

Students and clergy/religious no cost. Please consider attending or sponsoring a student/clergy. Contact Elizabeth at 705-292-7056 to register.

Up-Coming Spiritual Exercises - According to St. Ignatius of Loyola

For Men

Date: May 20-23rd

Contact: Fr. Alex Salazar, IVE
alexsalazar@ive.org

For Women

Date: Coming June

Contact: M. Milagro, SSVM
m.milagro@servidoras.org

Cost: \$200

Place: Regina Mundi 19309 Warden Ave.
Queensville, ON

GOSPEL John 21.1-19 of Sunday May 1, 2022

Jesus showed himself again to the disciples by the Sea of Tiberias; and he showed himself in this way. Gathered there together were Simon Peter, Thomas called the Twin, Nathanael of Cana in Galilee, the sons of Zebedee, and two others of his disciples. Simon Peter said to them, "I am going fishing." They said to him, "We will go with you." They went out and got into the boat, but that night they caught nothing.

Just after daybreak, Jesus stood on the beach; but the disciples did not know that it was Jesus. Jesus said to them, "Children, you have no fish, have you?" They answered him, "No." He said to them, "Cast the net to the right side of the boat, and you will find some." So they cast it, and now they were not able to haul it in because there were so many fish.

That disciple whom Jesus loved said to Peter, "It is the Lord!" When Simon Peter heard that it was the Lord, he put on some clothes, for he was naked, and jumped into the sea. But the other disciples came in the boat, dragging the net full of fish, for

they were not far from the land, only about ninety metres off.

When they had gone ashore, they saw a charcoal fire there, with fish on it, and bread. Jesus said to them, "Bring some of the fish that you have just caught." So Simon Peter went aboard and hauled the net ashore, full of large fish, a hundred fifty-three of them; and though there were so many, the net was not torn. Jesus said to them, "Come and have breakfast." Now none of the disciples dared to ask him, "Who are you?" because they knew it was the Lord. Jesus came and took the bread and gave it to them, and did the same with the fish. This was now the third time that Jesus appeared to the disciples after he was raised from the dead.

When they had finished breakfast, Jesus said to Simon Peter, "Simon son of John, do you love me more than these?" He said to him, "Yes, Lord; you know that I love you." Jesus said to him, "Feed my lambs."

A second time he said to him, "Simon son of John, do you love me?" He said to him, "Yes, Lord; you know that I love you." Jesus said to him, "Tend my sheep."

He said to him the third time, "Simon son of John, do you love me?" Peter felt hurt because he said to him the third time, "Do you love me?" And he said to him, "Lord, you know everything; you know that I love you." Jesus said to him, "Feed my sheep. Very truly, I tell you, when you were younger, you used to fasten your own belt and to go wherever you wished. But when you grow old, you will stretch out your hands, and someone else will fasten a belt around you and take you where you do not wish to go." (He said this to indicate the kind of death by which he would glorify God.)

After this he said to him, "Follow me."

CATECHISM WORD CORNER

Mercy: The loving kindness, compassion, or forbearance shown to one who offends (e.g., the mercy of God to us sinners) (CCC 1422, 1829).