

MASS SCHEDULE - St. John

Sat., Sept 2 Vigil 21st Sunday in Ordinary T

4:00 PM For all parishioners.

Sun., Sept 3 21st Sunday in Ordinary Time

10:30 AM For unborn children and all the souls in purgatory.

Mon., Sept 4 Labour Day

St J 8:00 AM Mass has been canceled

Tue., Sept 5 Ferial Weekday

SH 8:00 AM For the deceased members of the Sacred Heart Catholic Auxiliary.

Wed., Sept 6 Ferial Weekday

St J 8:00 AM For all Souls from Anne and Anthony.

Thu., Sept 7 Ferial Weekday

SH 8:00 AM + Walter and Olive Curtis.

Fri., Sept 8 Nativity of the Blessed Virgin Mary

SH 8:00 AM + Sean Troy from John and Wilma Flanagan and family.

Sat., Sept 9 Vigil 23rd Sunday in Ordinary T

4:00 PM For all Parishioners.

Sun., Sep 10 23rd Sunday in Ordinary Time

10:30 AM For the repose of the soul of Anna Nguyen Thi Lan from Anna.

Weekly Collection

August 27 \$ 1,286.5

PASTOR'S MESSAGE

Dear Friends,

We often speak about the importance of going to Adoration – *as we usually have at Sacred Heart Church on Fridays from 1:30-6:30PM* – and on how important it is to spend quality time with our Lord. We know that prayer benefits us more than it does God. Therefore, the question remains, how can we better our adoration or visits to the Church?

Saint Peter Julian Eymard, the great saint known for making adoration popular, has a four step process on how to better our visits to Jesus in the Blessed Sacrament: (1) Adoration, (2) Thanksgiving, (3) Reparation and (4) Petition. Each section can be divided evenly into 15

minutes thus completing an hour or they can be divided to accommodate the length of our visit.

The first is 'Adoration', the proper act of visiting the Eucharist while exposed on the altar. Adoration is only given to God and no one or nothing else. The first thing we should do in adoration is to make an act of piety (*bow or genuflect once we come into the Church*) and to put ourselves in the presence of God. Saint Peter Julain Eymard says, "...contemplate the greatness of the love of Jesus...marvel at His wisdom...praise His power...and exalt His goodness." Just as when we befriend or love someone, we delight in many of their qualities; so much more is it with God – *we love Him and we praise and delight in all of His Divine attributes.*

Saint Peter Eymard continues with an advice, "[If you are] unable to adore your sacramental Jesus as He *deserves (in other words – struggling)*, call upon your Guardian angel, your faithful companion through life, to help you." Our guardian angel would be happy to guide us and teach us how to pray in adoration – for this is what they were sent to do. Sometimes we forget that our guardian angel was given to us as a companion and guide towards heaven.

The second advice the saint gives us is to unite our prayer to the Universal Church - *all the other people around the world and all the saints and angels in heaven* – but especially to unite ourselves to Mary and Joseph.

Together in Prayer

WEEKLY NEWS

Cancelation for this week

Fr. Alex will be away on Spiritual Exercises (Retreat) from September 3rd - September 6th. The following Liturgical things are canceled:

- No Confession during the Latin Mass on Sunday, September 3rd from 4:30-5:30 PM.

- No Mass for Monday, September 4th 2023 (other weekday masses will be covered as usual), Church will be closed.
- No Confession at Sacred Heart on September 6th from 5:00-6:30 PM. Adoration will be as usual, from 1:30-6:30 PM.

Young Adult Group at Sacred Heart

Will be cancelled on September 8th, 2023

RCIA Orientation (Rite for Christian Initiation for Adults)

On Tuesday, September 19th, 2023 at 6:30 PM a brief RCIA Orientation will be held at Sacred Heart Catholic Church (208 Romaine Street, Peterborough). This Orientation is for those who are interested in entered the Catholic Church or for those who have not yet received all their sacraments (Baptism, Holy Communion and/or Confirmation). This orientation will cover the basic obligation of becoming a Catholic and best means for preparing yourself. This orientation does not imply any commitment. Coffee and Tea will be provided. Please enter through the Parish Hall – side door behind the ramp. For any question please email: FrAlexSalazar@peterboroughdiocese.org

Sacred Heart Parish Council Meeting

Thursday, September 21st at 7PM at Sacred Heart Rectory.

Bible Study Coming Soon!

We are hoping to offer a New Bible Study course soon. Please stay on the look out for more detail on the course. This will be a great opportunity to deepen our knowledge on Sacred Scripture and the Life of Christ. As Saint Jerome says, "Ignorance of Scripture is Ignorance of Christ." For initial interest please email: office@stjohnpeterborough.ca

Friday Adoration at Sacred Heart

Every Friday there is adoration of the Blessed Sacrament at Sacred Heart in reparation for the offences made to the Sacred Heart of Jesus from 1:30 to 6:30PM and confessions from 5:00 to 6:30PM.

Altar Boy Group at Sacred Heart

1st & 3rd Fridays of the Month, 6:15 - 8:30 PM.

Catholic Missionary Children Oratory

Will resume October 7th, 2023.

For Children 7-12 year old. Saturdays 10:15 AM to noon at St. John the Baptist. For info or to register contact Sr. Inmaculada stjohnandsacredheart@gmail.com

Other activities in the Diocese Please see the bulletin board at the entrance of the church.

GOSPEL Matthew 16.21-27 of Sunday Sept 3

Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised.

And Peter took Jesus aside and began to rebuke him, saying, "God forbid it, Lord! This must never happen to you." But he turned and said to Peter, "Get behind me, Satan! You are a stumbling block to me; for you are thinking not as God does, but as humans do."

Then Jesus told his disciples, "If anyone wants to become my follower, let him deny himself and take up his cross and follow me. For whoever wants to save their life will lose it, and whoever loses their life for my sake will find it. For what will it profit anyone to gain the whole world but forfeit their life? Or what will anyone give in return for their life?"

"For the Son of Man is to come with his Angels in the glory of his Father, and then he will repay each according to their work."