# MASS CHEDULE - St. John

Sat., Feb 15 Vigil of the 6<sup>th</sup> Sunday in OT

4:00 PM +Silvano (Frank) D'Altoe from his loving wife Mary Anne

Sun., Feb 16 The  $6^{th}$  Sunday in OT

10:30 AM For all Parishioners. Mon., Feb 17 Ferial Weekday

St J 8:00 AM +Glen and Joan Shaughnessy

Tue., Feb 18 Ferial Weekday

SH 8:00 AM +Hallam & Angela Welch, Shirley Boos and Parents from the family.

Wed., Feb 19 Ferial Weekday

St J 8:00AM Intentions of Larry Donald from Bob and Mary Kelly.

Thu., Feb 20 Ferial Weekday

SH 8:00 AM Intentions of Joan Ironside from the family.

Fri., Feb 21 St. Peter Damian, Bishop, Doctor
SH 8:00 AM +Jim O'Grady from Frank and Diane
Cullen.

4:00 PM For all parishioners

Sun., Feb 23 The 7<sup>th</sup> Sunday in OT

10:30 AM For the intentions of Mother Almah From Larry and Elizabeth Donald

Last Weekend – February 9			
Mass	Attendance	Co	ontributions
4:00pm Saturday	79	\$	425
10:30am Sunday	69	\$	585
Online donations:		\$	193
Total	148	\$	1,203
Special donation: fuel -Maintenance: \$25			
Thank you for your generosity and support!			

# Pastor's Message

Dear Brothers and Sisters in Christ,
This week, I invite you to reflect on the Spiritual
Exercises of St. Ignatius of Loyola, a powerful mean to
order one's life and direct it towards God. As the title
suggests-"Spiritual Exercises to Conquer Oneself and
Regulate One's Life Without Determining Oneself
through any attachment that is disordered" - these
exercises lead us to interior freedom, allowing God to
shape our lives according to His divine will.

At the beginning of the Spiritual Exercises St. Ignatius presents to us the Principle and Foundation, which calls us to recognize that we are creatures, created to praise, reverence, and serve God, and by doing so, to save our souls. Everything else in our lives, such as talents, relatives, wealth, etc... are given to us to obtain the end for which we have been created. Therefore, our use of them should be in proportion to the end for which we have been created.

Saint Ignatius structures the Exercises into four weeks: The First Week is the Principle and Foundation, Sin and the possible eternal destinies of our soul. The Second Week, the Life of Jesus is presented to us as a model to follow. In this week, the exercitant organizes and plans his life after Christ. In the Third Week, the Passion of Christ is presented to us to reinforced the purposes made in the Second Week. In the Fourth Week, the Resurrection of Christ is presented to us to know what awaits us after this life.

Spiritual Exercises have been a machine for making saints throughout many centuries. A great example are the Canadian Martyrs, who model their entire life after this retreat as can be seen in their writings. Let us ask through their intercession and of our Blessed Mother, for all those who will participate in these Retreats in the coming weeks.

God bless you

Fr. Gaston Giacinti, IVE.

# WEEKLY NEWS

#### Volunteers

The Diocese of Peterborough has required, that all volunteers in any capacity must be screened through the Diocese Volunteer screening Program, so if you are a volunteer at either Sacred Heart or St Johns and have not been contacted yet for the screening, please reach out to Nithya Rozario @ 416 558 2562/ nithyavathi@gmail.com at the earliest or Ann Kennedy +17057428534.You could also meet Nithya/Ann at the back of the church to collect the volunteer screening forms or for any queries.

#### **Spiritual Exercises**

Fr. Gaston will be preaching Spiritual Exercises, which is a silence retreat following the method of St. Ignatius of Loyola.

- for women, from Friday evening February 21st through Sunday February 23rd evening.
- for men, from Friday evening February 28th through Sunday March 2nd evening.

Location: Fair Haven Conference Centre B2215 Durham Regional Hwy 48, Beaverton, ON LOK 1A0

Cost: \$250 individual room

\$200 shared room For registration, please contact Mother Almah.

### Shrove Tuesday 2025!

We will have a meeting at Sacred Heart Church Hall on Tuesday 18th at 9am, to organize the Shrove Dinner. Everyone is invited.

# The Italian Group, Peterborough District Invites you to: A taste of Italy

Saturday February 22, 2025, after the 5:30 pm Holy Mass at Sacred Heart Parish Hall. Please see the flyer for details.

## Friday Adoration at Sacred Heart

Every Friday there is adoration of the Blessed Sacrament at Sacred Heart in reparation for the offences made to the Sacred Heart of Jesus from 1:30 to 6:30PM and confessions from 5:00 to 6:30PM.

## Catholic Missionary Children Oratory

For Children 7-12 years old. Saturdays 10:30 AM to noon at St. John the Baptist. For info or to register contact Sr. Inmaculada at stjohnandsacredheart@gmail.com

## Altar Boy Group at Sacred Heart

1st & 3rd Fridays of the Month, 6:15 - 8:30 PM.

## FORMED Sign-up

- 1. Visit Website formed.org, select "Sign Up".
- 2. For Parish Name type in "Saint John the Baptist 300 Wilson Street"
- 3. Fill in your name & email to create an account. Then Select "Sign Up"

# DIOCESAN & OTHER KEWS:

### Speaker Night: Come Learn about MAID

Speaker Night and Potluck, Saturday, February 22nd at 6:30 pm., Knights of Columbus Hall, across from St. Peter-In- Chains, Cathedral.

Fr. Tom Lynch: MAID - The Catholic Truth and Our Real Answers.

We encourage you to attend this very informative evening.

#### In Need of Rosaries?

Rosary Makers of St. Mary's Lindsay is looking for help determining locations we can distribute rosaries.

Ideally we need to keep courier costs low as distance and volume increases costs.

If you can help out in a destination, ie missionary, and how to get rosaries to that destination please contact the parish office 705-324-4828 or office@stmaryslindsay.ca



Jesus came down with the twelve and stood on a level place, with a great crowd of his disciples and a great multitude of people from all Judea, Jerusalem, and the coast of Tyre and Sidon.

Then Jesus looked up at his disciples and said: "Blessed are you who are poor, for yours is the kingdom of God. Blessed are you who are hungry now, for you will be filled. Blessed are you who weep now, for you will laugh. Blessed are you when people hate you, and when they exclude you, revile you, and defame you on account of the Son of Man. "Rejoice in that day and leap for joy, for surely your reward is great in heaven; for that is what their ancestors did to the Prophets.

"But woe to you who are rich, for you have received your consolation. Woe to you who are full now, for you will be hungry. Woe to you who are laughing now, for you will mourn and weep. Woe to you when all speak well of you, for that is what their ancestors did to the false Prophets."